

Montag , 29.08

18:00 - 18:55

Pump
Sophie

19:05 - 19:35

P.I.I.T
Sophie

19:45 - 20:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Sophie

Dienstag , 30.08

18:00 - 18:55

Power Yoga
Manuela

19:05 - 20:00

Upcon
Sophie

Mittwoch , 31.08

09:10 - 10:05

Pump
Barbara

10:15 - 10:45

Simply Core
Barbara

19:00 - 19:55

Pump
Janine

Donnerstag , 01.09

09:10 - 10:05

Functional Workout
Barbara

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sophie

Freitag , 02.09

10:15 - 11:10

Pilates
Yvette

Samstag , 03.09

Sonntag , 04.09

09:10 - 10:05

Pump
Barbara