

Montag , 20.06

09:10 - 10:05

Pump
Janine

10:15 - 10:45

Simply Core
Janine

18:00 - 18:55

Pump
Sophie

19:05 - 19:35

P.I.I.T
Sara

19:45 - 20:40

*BBP (Bauch, Beine,
Po) / Bodytone*
Sara

Dienstag , 21.06

18:00 - 18:55

Power Yoga
Manuela

19:05 - 20:00

Upcon
Sophie

Mittwoch , 22.06

09:10 - 10:05

Pump
Barbara

19:00 - 19:55

Pump
Janine

Donnerstag , 23.06

09:10 - 10:05

Functional Workout
Barbara

10:15 - 11:10

Pilates
Yvette

18:30 - 19:25

*BBP (Bauch, Beine,
Po) / Bodytone*
Monika

19:35 - 20:30

Pilates
Monika

Freitag , 24.06

Samstag , 25.06

Sonntag , 26.06

09:10 - 10:05

Pump
Sophie