

Montag , 15.04

09:00 - 09:55

Pump
 Adriana

19:00 - 19:55

Fitboxe
 Sandy

20:15 - 21:10

Power Yoga
 Franziska

Dienstag , 16.04

09:00 - 09:55

Pump
 Monika

10:10 - 11:05

Pilates
 Sarah

12:15 - 12:45

P.I.I.T
 Monika

18:15 - 19:10

Pump
 Sarah

19:15 - 20:10

Dance Step
 Christina

Mittwoch , 17.04

09:30 - 10:25

BBP (Bauch, Beine, Po) / Bodytone
 Severine

17:55 - 18:50

Zumba
 Marion

19:05 - 20:00

Fitboxe
 Sandy

20:05 - 21:00

Deep Stretch
 Adriana

Donnerstag , 18.04

09:10 - 10:05

Rückengymnastik
 Claudia

12:15 - 12:45

P.I.I.T
 Janina

18:00 - 18:55

Pump
 Monika

19:05 - 20:00

BBP (Bauch, Beine, Po) / Bodytone
 Arlette

Freitag , 19.04

09:05 - 10:00

Yoga
 Lisa

10:15 - 11:10

BBP (Bauch, Beine, Po) / Bodytone
 Jasmin

Samstag , 20.04

09:00 - 09:55

Yoga
 Annemie

10:15 - 11:10

Fitboxe
 Sandy

Sonntag , 21.04

09:20 - 10:15

Zumba
 Marion

10:30 - 11:25

Pump
 Fabien