

Montag , 30.01

08:30 - 09:25

Yoga
Michaela

09:30 - 10:25

Pump
Vasiliki

19:00 - 19:55

Fitboxe
Alina

20:05 - 21:00

Power Yoga
Liliya

Dienstag , 31.01

09:10 - 10:05

Pump
Monika

10:10 - 11:05

Pilates
Sarah

12:15 - 12:45

P.I.I.T
Monika

18:15 - 19:10

Pump
Sarah

19:15 - 20:10

Dance Step Aerobic
Sarah

Mittwoch , 01.02

08:30 - 09:25

Zumba
Petra

09:30 - 10:25

BBP (Bauch, Beine, Po) / Bodytone
Selina

17:55 - 18:50

Zumba
Marion

19:05 - 20:00

Fitboxe
Alina

Donnerstag , 02.02

09:10 - 10:05

Rückengymnastik
Olivia

12:15 - 12:45

P.I.I.T
Janina

18:00 - 18:55

Pump
Monika

Freitag , 03.02

09:05 - 10:00

Yoga
Lisa

10:15 - 11:10

BBP (Bauch, Beine, Po) / Bodytone
Jasmin

Samstag , 04.02

09:00 - 09:55

Yoga
Annemie

10:15 - 11:10

Fitboxe
Sandra

Sonntag , 05.02

09:20 - 10:15

Zumba
Marion

10:30 - 11:25

Pump
Monika