

Montag , 03.10

08:30 - 09:25

Yoga
 Liliya

09:30 - 10:25

Pump
 Vasiliki

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Angelika

19:10 - 20:05

Fitboxe
 Sandra

20:15 - 21:10

Power Yoga
 Liliya

Dienstag , 04.10

09:10 - 10:05

Pump
 Monika

10:10 - 11:05

Pilates
 Sarah

12:15 - 12:45

P.I.I.T
 Monika

18:15 - 19:10

Pump
 Sarah

19:15 - 20:10

Dance Step Aerobic
 Sarah

Mittwoch , 05.10

08:30 - 09:25

Zumba
 Petra

09:30 - 10:25

BBP (Bauch, Beine, Po) / Bodytone
 Andrea

17:55 - 18:50

Zumba
 Margarita

19:05 - 20:00

Fitboxe
 Alina

Donnerstag , 06.10

09:10 - 10:05

Rückengymnastik
 Katalin

12:15 - 12:45

P.I.I.T
 Janina

18:00 - 18:55

Pump
 Monika

19:05 - 20:00

Fighttime
 Nicole

Freitag , 07.10

09:05 - 10:00

Yoga
 Katja

10:15 - 11:10

BBP (Bauch, Beine, Po) / Bodytone
 Jasmin

Samstag , 08.10

09:00 - 09:55

Yoga
 Annemie

10:15 - 11:10

Fitboxe
 Sandra

Sonntag , 09.10

09:20 - 10:15

Zumba
 Marion

10:30 - 11:25

Pump
 Vicky