

Montag , 11.07

09:05 - 10:00

Pilates
Claudia

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Angelika

19:10 - 20:05

Fitboxe
Sandra

20:15 - 21:10

Power Yoga
Franziska

Dienstag , 12.07

09:10 - 10:05

Pump
Monika

18:15 - 19:10

Pump
Sarah

19:15 - 20:10

Dance Step Aerobic
Sarah

Mittwoch , 13.07

08:30 - 09:25

Zumba
Olivia

09:30 - 10:25

BBP (Bauch, Beine, Po) / Bodytone
Andrea

17:55 - 18:50

Zumba
Margarita

19:05 - 20:00

Fitboxe
Judith

Donnerstag , 14.07

09:10 - 10:05

Rückengymnastik
Lisa

18:00 - 18:55

Pump
Monika

19:05 - 20:00

Fighttime
Nicole

Freitag , 15.07

09:05 - 10:00

Yoga
Lisa

10:15 - 11:10

BBP (Bauch, Beine, Po) / Bodytone
Jasmin

Samstag , 16.07

09:00 - 09:55

Yoga
Annemarie

10:15 - 11:10

Fitboxe
Nicole

Sonntag , 17.07

10:30 - 11:25

Pump
Michelle