

Montag , 04.07

09:05 - 10:00

Pilates
 Vasiliki

09:05 - 10:00

Yoga
 Katja

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Patricia

19:10 - 20:05

Fitboxe
 Sandra

20:15 - 21:10

Power Yoga
 Liliya

Dienstag , 05.07

09:10 - 10:05

Pump
 Monika

12:15 - 12:45

P.I.I.T
 Monika

18:15 - 19:10

Pump
 Sarah

19:15 - 20:10

Dance Step Aerobic
 Sarah

Mittwoch , 06.07

08:30 - 09:25

Zumba
 Olivia

09:30 - 10:25

BBP (Bauch, Beine, Po) / Bodytone
 Gabriela

17:55 - 18:50

Zumba
 Marion

19:05 - 20:00

Fitboxe
 Rebecca

Donnerstag , 07.07

09:10 - 10:05

Rückengymnastik
 Olivia

12:15 - 12:45

P.I.I.T
 Janina

18:00 - 18:55

Pump
 Monika

Freitag , 08.07

09:05 - 10:00

Yoga
 Lisa

10:15 - 11:10

BBP (Bauch, Beine, Po) / Bodytone
 Jasmin

Samstag , 09.07

09:00 - 09:55

Yoga
 Annemarie

10:15 - 11:10

Fitboxe
 Sandra

Sonntag , 10.07

10:30 - 11:25

Pump
 Sarah