

Montag , 20.01

09:00 - 09:55

Pump
Sandy

19:00 - 19:55

Fitboxe
Sandy

20:15 - 21:10

Power Yoga
Liliya

Dienstag , 21.01

09:00 - 09:55

Pump
Monika

10:05 - 11:00

Pilates
Sarah

12:15 - 12:45

P.I.I.T
Monika

18:15 - 19:10

Pump
Sarah

19:15 - 20:10

Dance Step
Christina

Mittwoch , 22.01

09:30 - 10:25

BBP (Bauch, Beine, Po) / Bodytone
Gabriela

17:55 - 18:50

Zumba
Marion

19:05 - 20:00

Fitboxe
Alina

20:05 - 21:00

Deep Stretch
Vesna

Donnerstag , 23.01

09:10 - 10:05

Rückengymnastik
Olivia

12:15 - 12:45

P.I.I.T
Janina

18:00 - 18:55

Pump
Monika

19:05 - 20:00

BBP (Bauch, Beine, Po) / Bodytone
Arlette

Freitag , 24.01

09:00 - 09:55

Yoga
Vesna

10:05 - 11:00

BBP (Bauch, Beine, Po) / Bodytone
Jasmin

Samstag , 25.01

09:00 - 09:55

Yoga
Jeannette

10:05 - 11:00

Fitboxe
Nicole

Sonntag , 26.01

09:20 - 10:15

Zumba
Marion

10:30 - 11:25

Pump
Sarah