

Montag , 27.02

08:30 - 09:25

Yoga
 Michaela

09:00 - 09:55

Pump
 Adriana

19:00 - 19:55

Fitboxe
 Arlette

20:15 - 21:10

Power Yoga
 Liliya

Dienstag , 28.02

09:00 - 09:55

Pump
 Monika

10:10 - 11:05

Pilates
 Sarah

12:15 - 12:45

P.I.I.T
 Monika

18:15 - 19:10

Pump
 Jasmin

19:15 - 20:10

*Dance Aerobic /
 Dance Mix*
 Sina

Mittwoch , 01.03

08:30 - 09:25

Zumba
 Petra

09:30 - 10:25

*BBP (Bauch, Beine, Po) /
 Bodytone*
 Gabriela

17:55 - 18:50

Zumba
 Marion

19:05 - 20:00

Fitboxe
 Alina

Donnerstag , 02.03

09:10 - 10:05

Rückengymnastik
 Olivia

12:15 - 12:45

P.I.I.T
 Janina

18:00 - 18:55

Pump
 Monika

19:05 - 20:00

Fighttime 55'
 Arlette

Freitag , 03.03

09:05 - 10:00

Yoga
 Liliya

10:15 - 11:10

*BBP (Bauch, Beine, Po) /
 Bodytone*
 Jasmin

Samstag , 04.03

09:00 - 09:55

Yoga
 Annemie

10:15 - 11:10

Fitboxe
 Melanie

Sonntag , 05.03

09:20 - 10:15

Zumba
 Marion

10:30 - 11:25

Pump
 Monika