

**Montag , 03.10**

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) / Bodytone*  
Fabienne

**10:05 - 10:35**

*P.I.I.T*  
Fabienne

**19:00 - 19:55**

*Fitboxe*  
Larissa

**20:15 - 21:10**

*Power Yoga*  
Giobana

**Dienstag , 04.10**

**18:30 - 19:25**

*BBP (Bauch, Beine, Po) / Bodytone*  
Annina

**19:45 - 20:40**

*Pilates*  
Whitley

**Mittwoch , 05.10**

**18:00 - 18:55**

*Zumba*  
Ivana

**19:15 - 20:10**

*Pump*  
Dominic

**Donnerstag , 06.10**

**09:15 - 10:10**

*Pilates*  
Larissa

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Fabienne

**Freitag , 07.10**

**09:15 - 10:10**

*Yoga*  
Giobana

**18:15 - 19:10**

*Fitboxe*  
Larissa

**Samstag , 08.10**

**Sonntag , 09.10**