

### Montag , 02.12

**09:10 - 10:05**

*Pilates*  
Barbara

**18:15 - 19:00**

*Step Aerobic*  
Dario

**19:15 - 20:10**

*Pump*  
Yvonne

### Dienstag , 03.12

**09:10 - 10:05**

*Power Yoga*  
Alla

**18:00 - 18:55**

*Power Yoga*  
Katrin

### Mittwoch , 04.12

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Michael

### Donnerstag , 05.12

**18:30 - 19:25**

*Pump*  
Leah

**19:30 - 20:25**

*Power Yoga*  
Camille

### Freitag , 06.12

### Samstag , 07.12

### Sonntag , 08.12

**09:30 - 10:25**

*Power Yoga*  
Camille