

Montag , 30.01

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Petra

19:15 - 20:10

Pump
Tanja

Dienstag , 31.01

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Power Yoga
Katrin

Mittwoch , 01.02

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Atilla

Donnerstag , 02.02

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Esther

18:15 - 19:10

Pump
Tanja

19:20 - 20:15

Power Yoga
Katrin

Freitag , 03.02

Samstag , 04.02

09:10 - 10:05

Upcon
Bettina

Sonntag , 05.02