

Montag , 03.10

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Lorianne

19:15 - 20:10

Pump
Sally

Dienstag , 04.10

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Pilates
Barbara

Mittwoch , 05.10

12:15 - 12:45

Upcon
Dario

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Dario

Donnerstag , 06.10

09:10 - 10:05

BBP (Bauch, Beine, Po) /
Bodytone
Silvana

19:00 - 19:55

Power Yoga
Silvana

Freitag , 07.10

Samstag , 08.10

09:10 - 10:05

Upcon
Bettina

Sonntag , 09.10