

Montag , 19.09

09:10 - 10:05

Pilates
Barbara

18:00 - 18:55

Zumba
Lorianne

19:15 - 20:10

Pump
Tanja

Dienstag , 20.09

09:10 - 10:05

Power Yoga
Alla

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Pilates
Barbara

Mittwoch , 21.09

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Dario

Donnerstag , 22.09

09:10 - 10:05

BBP (Bauch, Beine, Po) /
Bodytone
Silvana

19:00 - 19:55

Power Yoga
Silvana

Freitag , 23.09

Samstag , 24.09

09:10 - 10:05

Upcon
Bettina

Sonntag , 25.09