

Montag , 27.06

09:10 - 10:05

Deep Stretch
Jenny

18:00 - 18:55

Zumba
Lorianne

19:15 - 20:10

Pump
Tanja

Dienstag , 28.06

09:10 - 10:05

Power Yoga
Bernadette

12:15 - 12:45

Simply Core
Bettina

18:00 - 18:55

Deep Stretch
Jenny

Mittwoch , 29.06

12:15 - 12:45

Upcon
Bettina

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario

Donnerstag , 30.06

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Silvana

19:00 - 19:55

Power Yoga
Silvana

Freitag , 01.07

Samstag , 02.07

09:10 - 10:05

Upcon
Dario

Sonntag , 03.07