

Montag , 10.11

09:10 - 10:05

Pilates
Barbara

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Yvonne

Dienstag , 11.11

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Camille

Mittwoch , 12.11

09:10 - 10:05

Yoga
Nicole

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Dario

Donnerstag , 13.11

18:30 - 19:25

Muscle Work
Noy

19:30 - 20:25

BodyART International
Noy

Freitag , 14.11

Samstag , 15.11

Sonntag , 16.11

09:30 - 10:25

Power Yoga
Camille