

Montag , 06.10

09:10 - 10:05

Pilates
Barbara

18:15 - 19:00

Step Aerobic
Dario

19:15 - 20:10

Pump
Yvonne

Dienstag , 07.10

09:10 - 10:05

Power Yoga
Alla

18:00 - 18:55

Power Yoga
Camille

Mittwoch , 08.10

09:10 - 10:05

Yoga
Nicole

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Dario

Donnerstag , 09.10

18:30 - 19:25

Muscle Work
Noy

19:30 - 20:25

BodyART International
Noy

Freitag , 10.10

Samstag , 11.10

Sonntag , 12.10

09:30 - 10:25

Power Yoga
Camille