

**Montag , 01.09**

**09:10 - 10:05**

*Pilates*  
Barbara

**18:15 - 19:00**

*Step Aerobic*  
Dario

**19:15 - 20:10**

*Pump*  
Yvonne

**Dienstag , 02.09**

**09:10 - 10:05**

*Power Yoga*  
Alla

**18:00 - 18:55**

*Power Yoga*  
Camille

**Mittwoch , 03.09**

**09:10 - 10:05**

*Yoga*  
Nicole

**19:00 - 19:55**

*BBP (Bauch, Beine, Po) /*  
*Bodytone*  
Dario

**Donnerstag , 04.09**

**18:15 - 19:10**

*Muscle Work*  
Noy

**19:30 - 20:25**

*BodyART International*  
Noy

**Freitag , 05.09**

**Samstag , 06.09**

**Sonntag , 07.09**

**09:30 - 10:25**

*Power Yoga*  
Camille