

Montag , 15.08

16:15 - 17:10

Pilates
Caroline

18:45 - 19:40

Pump
Max

20:00 - 20:55

Functional Workout
Max

Dienstag , 16.08

08:45 - 09:40

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

Mittwoch , 17.08

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Donnerstag , 18.08

18:30 - 19:25

Yoga
Nina

Freitag , 19.08

07:00 - 07:55

Yoga
Andreina

Samstag , 20.08

Sonntag , 21.08