

Montag , 18.07

16:15 - 17:10

Pilates
Caroline

18:45 - 19:40

Pump
Max

20:00 - 20:55

Functional Workout
Max

Dienstag , 19.07

08:45 - 09:40

Functional Yoga
Nina

18:45 - 19:40

Toning / Pilates
Caroline

Mittwoch , 20.07

10:05 - 11:00

Pilates
Caroline

20:00 - 20:55

Deep Stretch
Nina

Donnerstag , 21.07

18:30 - 19:25

Yoga
Nina

Freitag , 22.07

07:00 - 07:55

Yoga
Nina

Samstag , 23.07

Sonntag , 24.07