

Montag , 11.07

16:15 - 17:10

Pilates
Caroline

18:45 - 19:40

Pump
Max

20:00 - 20:55

Functional Workout
Max

Dienstag , 12.07

08:45 - 09:40

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

Mittwoch , 13.07

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Nina

Donnerstag , 14.07

18:30 - 19:25

Yoga
Nina

Freitag , 15.07

07:00 - 07:55

Yoga
Nina

Samstag , 16.07

Sonntag , 17.07