

**Montag , 07.11**

**19:45 - 20:40**

*Functional Workout*  
Johana

**Dienstag , 08.11**

**08:30 - 09:25**

*Functional Yoga*  
Johana

**Mittwoch , 09.11**

**18:45 - 19:40**

*Pump*  
Martina

**20:00 - 20:55**

*Deep Stretch*  
Andreina

**Donnerstag , 10.11**

**Freitag , 11.11**

**Samstag , 12.11**

**Sonntag , 13.11**