

Montag , 24.10

19:45 - 20:40

Functional Workout
Johana

Dienstag , 25.10

08:30 - 09:25

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Martina

Mittwoch , 26.10

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Donnerstag , 27.10

18:30 - 19:25

Yoga
Nina

Freitag , 28.10

07:00 - 07:55

Yoga
Nina

Samstag , 29.10

Sonntag , 30.10