

Montag , 05.09

16:15 - 17:10

Pilates
Caroline

18:45 - 19:40

Pump
Max

20:00 - 20:55

Functional Workout
Max

Dienstag , 06.09

08:45 - 09:40

Functional Yoga
Johana

18:45 - 19:40

Toning / Pilates
Caroline

Mittwoch , 07.09

10:05 - 11:00

Pilates
Caroline

18:45 - 19:40

Pump
Martina

20:00 - 20:55

Deep Stretch
Andreina

Donnerstag , 08.09

18:30 - 19:25

Yoga
Johana

Freitag , 09.09

07:00 - 07:55

Yoga
Laura

Samstag , 10.09

Sonntag , 11.09