

Montag , 22.12

09:00 - 09:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Alexandra

10:00 - 10:55

Yoga
Alexandra

12:15 - 12:45

P.I.I.T
Linda

18:00 - 18:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Claudia

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Power Yoga
Beatrice

Dienstag , 23.12

09:00 - 09:55

Zumba Gold
Petra

10:00 - 10:55

Power Yoga
Michaela

17:25 - 17:55

P.I.I.T
Angela

18:00 - 18:55

Kick Power
Nicole

19:00 - 19:55

Pump
Larissa

Mittwoch , 24.12

Donnerstag , 25.12

Freitag , 26.12

Samstag , 27.12

09:30 - 10:25

Yoga
Team

Sonntag , 28.12

08:55 - 09:25

P.I.I.T
Team

09:30 - 10:25

Pump
Team