

Montag , 03.03

09:00 - 09:55

BBP (Bauch,
Beine, Po) /
Bodytone
Alexandra

10:00 - 10:55

Yoga
Alexandra

12:15 - 12:45

P.I.I.T
Linda

18:00 - 18:55

BBP (Bauch,
Beine, Po) /
Bodytone
Linda

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Power Yoga
Beatrice

Dienstag , 04.03

09:00 - 09:55

Zumba Gold
Petra

10:00 - 10:55

Power Yoga
Michaela

17:25 - 17:55

P.I.I.T
Angela

18:00 - 18:55

Kick Power
Angela

19:00 - 19:55

Pump
Larissa

Mittwoch , 05.03

09:00 - 09:55

Cycling
Alexandra

10:05 - 11:00

Rückengymnastik
Alexandra

12:15 - 12:45

Simply Core
Raphael

18:00 - 18:55

BBP (Bauch, Beine,
Po) / Bodytone
Linda

19:15 - 20:10

Cycling
Julia

Donnerstag , 06.03

06:15 - 07:10

Pilates
Sandra

09:30 - 10:25

Yoga
Liliya

18:00 - 18:55

Pump
Sandra

19:05 - 20:00

Fitboxe
Andrej

Freitag , 07.03

09:00 - 09:55

Rückengymnastik
Nicola

10:00 - 10:55

Yoga
Liliya

12:15 - 13:10

Pump
Sandra

17:45 - 18:40

Cycling
Franz

19:00 - 19:55

Pilates
Eva

Samstag , 08.03

09:30 - 10:25

Yoga
Michaela

Sonntag , 09.03

08:55 - 09:25

P.I.I.T
Linda

09:30 - 10:25

Pump
Linda