

Montag , 24.02

09:00 - 09:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Alexandra

10:00 - 10:55

Yoga
Alexandra

12:15 - 12:45

P.I.I.T
Linda

18:00 - 18:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Yoga
Tatjana

Dienstag , 25.02

09:00 - 09:55

Zumba Gold
Petra

10:00 - 10:55

Power Yoga
Michaela

17:25 - 17:55

P.I.I.T
Angela

18:00 - 18:55

Kick Power
Nicole

19:00 - 19:55

Pump
Larissa

Mittwoch , 26.02

09:00 - 09:55

Cycling
Alexandra

10:05 - 11:00

Rückengymnastik
Alexandra

12:15 - 12:45

Simply Core
Raphael

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Nicola

19:15 - 20:10

Cycling
Gilles

Donnerstag , 27.02

06:15 - 07:10

Pilates
Sandra

09:30 - 10:25

Pilates
Claudia

18:00 - 18:55

Pump
Nicole

19:05 - 20:00

Fitboxe
Andrej

Freitag , 28.02

09:00 - 09:55

Rückengymnastik
Nicola

10:00 - 10:55

Yoga
Asal

12:15 - 13:10

Pump
Sandra

17:45 - 18:40

Cycling
Julia

19:00 - 19:55

Yoga
Beatrice

Samstag , 01.03

09:30 - 10:25

Yoga
Nina

Sonntag , 02.03

08:55 - 09:25

P.I.I.T
Sandra

09:30 - 10:25

Pump
Sandra