

Montag , 30.12

09:00 - 09:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Sandra

10:00 - 10:55

Yoga
Lisa

12:15 - 12:45

P.I.I.T
Linda

18:00 - 18:55

*BBP (Bauch,
Beine, Po) /
Bodytone*
Linda

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Yoga
Tatjana

Dienstag , 31.12

09:00 - 10:10

Pump meets P.i.i.t
Katja

10:15 - 11:10

Yoga Special
Katja

Mittwoch , 01.01

Donnerstag , 02.01

09:30 - 10:25

Pilates
Valentina

18:00 - 18:55

Pump
Nicole

19:05 - 20:00

Fitboxe
Andrej

Freitag , 03.01

09:00 - 09:55

Rückengymnastik
Nicola

10:00 - 10:55

Yoga
Asal

12:15 - 13:10

Pump
Sandra

17:45 - 18:40

Cycling
Yves

19:00 - 19:55

Pilates
Eva

Samstag , 04.01

09:30 - 10:25

Yoga
Beatrice

Sonntag , 05.01

08:55 - 09:25

P.I.I.T
Nicole

09:30 - 10:25

Pump
Nicole