

Montag , 08.07

09:00 - 09:55

BBP (Bauch,
Beine, Po) /
Bodytone
Alexandra

10:00 - 10:55

Yoga
Alexandra

12:15 - 12:45

P.I.I.T
Linda

18:00 - 18:55

BBP (Bauch,
Beine, Po) /
Bodytone
Linda

19:00 - 19:55

Zumba
Andrea

20:00 - 20:55

Power Yoga
Seraina

Dienstag , 09.07

09:00 - 09:55

Zumba Gold
Petra

17:25 - 17:55

P.I.I.T
Angela

18:00 - 18:55

Kick Power
Nicole

19:00 - 19:55

Pump
Sandra

Mittwoch , 10.07

10:15 - 11:10

Rückengymnastik
Alexandra

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Katja

Donnerstag , 11.07

09:30 - 10:25

Pilates
Nicola

18:00 - 18:55

Pump
Nicole

19:05 - 20:00

Fitboxe
Nicole

Freitag , 12.07

09:00 - 09:55

Rückengymnastik
Beatrice

10:00 - 10:55

Yoga
Nadine

12:05 - 13:00

Pump
Katja

19:00 - 19:55

Pilates
Nicola

Samstag , 13.07

09:30 - 10:25

Yoga
Nina

Sonntag , 14.07

09:30 - 10:25

Pump
Nicole