

### Montag , 01.04

**09:00 - 09:55**

*Yoga Special*  
 Beatrice

**10:00 - 10:55**

*Pump meets P.i.i.t*  
 Katja

**11:00 - 11:55**

*Pilates Special*  
 Nicola

### Dienstag , 02.04

**09:00 - 09:55**

*Zumba Gold*  
 Petra

**10:00 - 10:55**

*Power Yoga*  
 Nadine

**17:25 - 17:55**

*P.I.I.T*  
 Linda

**18:00 - 18:55**

*Kick Power*  
 Nicole

**19:00 - 19:55**

*Pump*  
 Sandra

### Mittwoch , 03.04

**09:25 - 10:10**

*Senioren Cycling*  
 Alexandra

**10:15 - 11:10**

*Rückengymnastik*  
 Alexandra

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
 Katja

**19:15 - 20:10**

*Cycling*  
 Alessia

### Donnerstag , 04.04

**06:15 - 07:10**

*Pilates*  
 Sandra

**09:30 - 10:25**

*Pilates*  
 Sara

**18:00 - 18:55**

*Pump*  
 Nicole

**19:05 - 20:00**

*Fitboxe*  
 Nicole

### Freitag , 05.04

**09:00 - 09:55**

*Rückengymnastik*  
 Nicola

**10:00 - 10:55**

*Yoga*  
 Liliya

**12:05 - 13:00**

*Pump*  
 Katja

**17:45 - 18:40**

*Cycling*  
 Yves

**19:00 - 19:55**

*Pilates*  
 Eva

### Samstag , 06.04

**09:30 - 10:25**

*Yoga*  
 Michaela

### Sonntag , 07.04

**08:55 - 09:25**

*P.I.I.T*  
 Sandra

**09:30 - 10:25**

*Pump*  
 Sandra