

Montag , 07.08

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
 Alexandra

10:00 - 10:55

Yoga
 Alexandra

12:15 - 12:45

P.I.I.T
 Linda

19:00 - 19:55

Zumba
 Andrea

20:00 - 20:55

Power Yoga
 Beatrice

Dienstag , 08.08

10:00 - 10:55

Power Yoga
 Michaela

17:25 - 17:55

P.I.I.T
 Linda

18:00 - 18:55

Kick Power
 Nicole

19:00 - 19:55

Pump
 Sandra

Mittwoch , 09.08

10:05 - 11:00

Rückengymnastik
 Alexandra

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Katja

Donnerstag , 10.08

06:30 - 07:25

Yoga
 Anna Katharina

09:30 - 10:25

Pilates
 Nicola

18:00 - 18:55

Pump
 Nicole

19:05 - 20:00

Fitboxe
 Nicole

Freitag , 11.08

12:05 - 13:00

Pump
 Sandra

Samstag , 12.08

09:30 - 10:25

Yoga
 Alexandra

Sonntag , 13.08