

Montag , 31.07

Dienstag , 01.08

Mittwoch , 02.08

10:05 - 11:00

Rückengymnastik
Alexandra

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Katja

Donnerstag , 03.08

06:30 - 07:25

Yoga
Nina

09:30 - 10:25

Pilates
Nicola

18:00 - 18:55

Pump
Nicole

19:05 - 20:00

Fitboxe
Nicole

Freitag , 04.08

12:05 - 13:00

Pump
Sandra

Samstag , 05.08

09:30 - 10:25

Yoga
Alexandra

Sonntag , 06.08