

Montag , 27.02

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
 Alexandra

10:00 - 10:55

Yoga
 Alexandra

12:15 - 12:45

P.I.I.T
 Linda

18:00 - 18:45

P.I.I.T Special
 Linda

19:00 - 19:55

Zumba
 Andrea

20:00 - 20:55

Power Yoga
 Beatrice

Dienstag , 28.02

09:00 - 09:55

Zumba Gold
 Petra

10:00 - 10:55

Power Yoga
 Michaela

17:30 - 17:55

P.I.I.T
 Linda

18:00 - 18:55

Kick Power
 Nicole

19:00 - 19:55

Pump
 Sandra

Mittwoch , 01.03

09:30 - 10:00

Senioren Cycling
 Alexandra

10:05 - 11:00

Rückengymnastik
 Alexandra

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Katja

19:15 - 20:10

Cycling Special
 Yves

20:15 - 21:10

Cycling Special
 Gilles

Donnerstag , 02.03

06:30 - 07:25

Yoga
 Nina

09:30 - 10:25

Pilates
 Eva

18:00 - 18:55

Pump
 Nicole

Freitag , 03.03

10:00 - 10:55

Rückengymnastik
 Liz

12:05 - 13:00

Pump
 Nicole

19:00 - 19:55

Pilates
 Eva

Samstag , 04.03

09:30 - 10:25

Yoga
 Beatrice

Sonntag , 05.03

09:30 - 10:25

Pump
 Mariana