

Montag , 13.02

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Alexandra	10:00 - 10:55 <i>Yoga</i> Alexandra	12:15 - 12:45 <i>P.I.I.T</i> Linda	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Claudia	19:00 - 19:55 <i>Zumba</i> Andrea	20:00 - 20:55 <i>Power Yoga</i> Beatrice
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Dienstag , 14.02

09:00 - 09:55 <i>Zumba Gold</i> Petra	10:00 - 10:55 <i>Power Yoga</i> Michaela	17:30 - 17:55 <i>P.I.I.T</i> Linda	18:00 - 18:55 <i>Kick Power</i> Nicole	19:00 - 19:55 <i>Pump</i> Sandra
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Mittwoch , 15.02

09:30 - 10:00 <i>Senioren Cycling</i> Alexandra	10:05 - 11:00 <i>Rückengymnastik</i> Alexandra	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Katja	19:00 - 19:55 <i>Cycling</i> Yves
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Donnerstag , 16.02

06:30 - 07:25 <i>Yoga</i> Nina	09:30 - 10:25 <i>Pilates</i> Sandra	18:00 - 18:55 <i>Pump</i> Nicole	19:05 - 20:00 <i>Fitboxe</i> Andrej
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Freitag , 17.02

10:00 - 10:55 <i>Rückengymnastik</i> Liz	12:05 - 13:00 <i>Pump</i> Sandra	19:00 - 19:55 <i>Pilates</i> Eva
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Samstag , 18.02

09:30 - 10:25 <i>Yoga</i> Beatrice

Sonntag , 19.02

09:30 - 10:25 <i>Pump</i> Nicole
