

Montag , 15.08

09:00 - 09:55

BBP (Bauch,
Beine, Po) /
Bodytone
Sandra

10:05 - 11:00

Yoga
Carmen

12:15 - 12:45

P.I.I.T
Sandra

18:00 - 18:55

BBP (Bauch,
Beine, Po) /
Bodytone
Barbara

19:05 - 20:00

Zumba
Andrea

20:10 - 21:05

Power Yoga
Nadine

Dienstag , 16.08

09:30 - 10:25

Power Yoga
Michaela

17:30 - 18:00

P.I.I.T
Linda

18:10 - 19:05

Kick Power
Nicole

19:15 - 20:10

Pump
Nicole

Mittwoch , 17.08

10:00 - 10:55

Rückengymnastik
Carmen

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Katja

Donnerstag , 18.08

09:00 - 09:55

Zumba Gold
Andrea

10:05 - 11:00

Pilates
Sara

18:00 - 18:55

Pump
Nicole

19:05 - 20:00

Fitboxe
Nicole

Freitag , 19.08

10:00 - 10:55

Rückengymnastik
Katja

12:05 - 13:00

Pump
Claudia

19:00 - 19:55

Pilates
Eva

Samstag , 20.08

09:30 - 10:25

Yoga
Michaela

Sonntag , 21.08

09:30 - 10:25

Pump
Tatjana