

Montag , 31.03

08:00 - 08:55

Yoga
Andrea

09:05 - 09:30

P.I.I.T
Laura

09:35 - 10:30

Pump
Laura

18:00 - 18:55

Pump
Manuela

19:00 - 19:55

BBP (Bauch,
Beine, Po) /
Bodytone
Manuela

20:00 - 20:55

Yoga
Asal

Dienstag , 01.04

09:30 - 10:25

Zumba
Sabina

18:00 - 18:55

Pump
Morena

19:00 - 19:55

Zumba
Sabina

20:15 - 21:10

Yoga
Alexandra

Mittwoch , 02.04

08:45 - 09:10

Simply Core
Morena

09:15 - 10:10

BBP (Bauch,
Beine, Po) /
Bodytone
Morena

12:15 - 13:10

Pump
Morena

18:00 - 18:55

Yoga
Morena

19:00 - 19:55

Pilates
Eva

20:00 - 20:55

Zumba
Sabina

Donnerstag , 03.04

09:30 - 10:25

Yoga
Alexandra

18:30 - 18:55

Simply Core
Morena

19:10 - 20:05

Pump
Morena

Freitag , 04.04

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Morena

10:15 - 10:45

Simply Core
Morena

12:15 - 13:10

Pump
Manuela

Samstag , 05.04

09:00 - 09:55

BBP (Bauch, Beine, Po) /
Bodytone
Morena

Sonntag , 06.04

09:00 - 09:55

Pump
Morena

10:00 - 10:30

Simply Core
Morena