

Montag , 26.12

09:15 - 10:00

P.I.I.T Special
Laura

10:05 - 10:50

Pump Special
Laura

10:55 - 11:40

BBP Special
Manuela

11:45 - 12:30

Simply Core "let's get strong"
Morena

Dienstag , 27.12

17:55 - 18:50

Pump
Morena

19:00 - 19:55

Zumba
Miriam

20:05 - 21:00

Yoga
Nadine

Mittwoch , 28.12

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Morena

17:55 - 18:50

BBP (Bauch, Beine, Po) / Bodytone
Manuela

19:00 - 19:55

Pilates
Manuela

20:05 - 21:00

Zumba
Angela

Donnerstag , 29.12

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:30

P.I.I.T
Morena

18:30 - 18:55

Simply Core
Morena

19:10 - 20:05

Pump
Morena

Freitag , 30.12

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Manuela

12:00 - 12:55

Pump
Vicky

Samstag , 31.12

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Manuela

Sonntag , 01.01