

Montag , 12.12

08:00 - 08:55

Yoga
Nadine

09:15 - 09:45

P.I.I.T
Laura

09:55 - 10:50

Pump
Laura

17:55 - 18:50

Pump
Manuela

19:00 - 19:55

BBP (Bauch, Beine, Po) / Bodytone
Annina

Dienstag , 13.12

09:30 - 10:25

Zumba
Sabina

17:55 - 18:50

Pump
Morena

19:00 - 19:55

Zumba
Miriam

20:15 - 21:10

Yoga
Alexandra

Mittwoch , 14.12

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Morena

17:55 - 18:50

BBP (Bauch, Beine, Po) / Bodytone
Laura

19:00 - 19:55

Pilates
Eva

20:05 - 21:00

Zumba
Sabina

Donnerstag , 15.12

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:30

P.I.I.T
Laura

18:30 - 18:55

Simply Core
Laura

19:10 - 20:05

Pump
Laura

Freitag , 16.12

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Manuela

Samstag , 17.12

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Laura

Sonntag , 18.12

10:00 - 10:30

Simply Core
Laura

10:35 - 11:05

Pump i.t.
Laura