

Montag , 26.09

08:00 - 08:55

Yoga
Nadine

09:15 - 09:45

P.I.I.T
Laura

09:55 - 10:50

Pump
Laura

18:15 - 19:10

BBP (Bauch, Beine,
Po) / Bodytone
Annina

19:20 - 20:15

Pump
Manuela

Dienstag , 27.09

09:30 - 10:25

Zumba
Angela

17:55 - 18:50

BBP (Bauch, Beine,
Po) / Bodytone
Manuela

19:00 - 19:55

Zumba
Miriam

20:05 - 21:00

Yoga
Nadine

Mittwoch , 28.09

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Fabienne

19:00 - 19:55

Pilates
Eva

20:05 - 21:00

Zumba
Sabina

Donnerstag , 29.09

09:30 - 10:25

Yoga
Alexandra

18:00 - 18:30

P.I.I.T
Laura

18:30 - 18:55

Simply Core
Laura

19:10 - 20:05

Pump
Laura

Freitag , 30.09

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

12:00 - 12:55

Pump
Manu

Samstag , 01.10

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Laura

Sonntag , 02.10

10:00 - 10:30

Pump i.t.
Manuela

10:35 - 11:05

Simply Core
Manuela