

Montag , 01.08

Dienstag , 02.08

09:30 - 10:25

Zumba
Sabina

17:55 - 18:50

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

20:05 - 21:00

Yoga
Nadine

Mittwoch , 03.08

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

20:05 - 21:00

Zumba
Sabina

Donnerstag , 04.08

09:30 - 10:25

Yoga
Alexandra

19:10 - 20:05

Pump
Laura

Freitag , 05.08

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Manuela

Samstag , 06.08

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Nena Nevenka

Sonntag , 07.08

10:00 - 10:30

Pump i.t.
Laura

10:35 - 11:05

Simply Core
Laura