

Montag , 04.07

09:10 - 10:05

Pilates
Isabelle

17:15 - 17:45

P.I.I.T
Daniela

17:55 - 18:50

Step'n Tone
Daniela

19:00 - 19:55

Zumba
Bayardo

20:05 - 21:00

Yoga
Sabrina

Dienstag , 05.07

18:05 - 18:35

P.I.I.T
Daniela

18:50 - 19:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

Mittwoch , 06.07

09:10 - 10:05

Yoga
Olga

19:00 - 19:55

Fitboxe
Isabel

Donnerstag , 07.07

09:10 - 10:05

Pump
Graziella

18:00 - 18:55

Pump
Nicolle

Freitag , 08.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sara

18:00 - 18:55

Step'n Tone
Graziella

Samstag , 09.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sara

Sonntag , 10.07

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Graziella