

**Montag , 24.02**

**09:10 - 10:05**

*Pilates*  
Isabelle

**10:10 - 10:55**

*Fitboxe*  
Isabel

**17:15 - 17:45**

*P.I.I.T*  
Daniela

**17:55 - 18:50**

*Step'n Tone*  
Daniela

**19:00 - 19:55**

*Zumba*  
Deniz

**20:05 - 21:00**

*Yoga*  
Sabrina

**Dienstag , 25.02**

**09:10 - 10:05**

*Rückenfit*  
Isabelle

**18:00 - 18:30**

*P.I.I.T*  
Daniela

**18:35 - 19:30**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Daniela

**Mittwoch , 26.02**

**09:10 - 10:05**

*Yoga*  
Fabienne

**18:15 - 18:45**

*Simply Core*  
Petra

**19:00 - 19:55**

*Fitboxe*  
Isabel

**Donnerstag , 27.02**

**09:10 - 10:05**

*Pump*  
Isabel

**18:00 - 18:55**

*Pump*  
Petra

**Freitag , 28.02**

**09:10 - 10:05**

*Functional Workout*  
Bianca

**17:00 - 17:30**

*Pump i.t.*  
Bianca

**17:30 - 18:00**

*P.I.I.T*  
Bianca

**Samstag , 01.03**

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Daniela

**10:05 - 11:00**

*Upcon*  
Daniela

**Sonntag , 02.03**

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Bianca