

Montag , 17.07

09:10 - 10:05

Pilates
Isabelle

10:10 - 10:55

Fitboxe
Isabel

17:15 - 17:45

P.I.I.T
Bianca

17:55 - 18:50

Step'n Tone
Priska

19:00 - 19:55

Zumba
Deniz

20:05 - 21:00

Yoga
Vivian

Dienstag , 18.07

18:00 - 18:30

P.I.I.T
Saskia

18:35 - 19:30

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia

Mittwoch , 19.07

09:10 - 10:05

Pilates
Isabelle

18:15 - 18:45

Simply Core
Luana

19:00 - 19:55

Fitboxe
Isabel

Donnerstag , 20.07

09:10 - 10:05

Pump
Isabel

18:00 - 18:55

Pump
Nicolle

Freitag , 21.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia

18:00 - 18:55

Step'n Tone
Graziella

Samstag , 22.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Melanie

10:15 - 11:10

Upcon
Bianca

Sonntag , 23.07

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Graziella