

Montag , 03.07

09:10 - 10:05

Pilates
Isabelle

10:10 - 10:55

Fitboxe
Isabel

17:15 - 17:45

P.I.I.T
Bianca

17:55 - 18:50

Step'n Tone
Nicole

19:00 - 19:55

Zumba
Deniz

20:05 - 21:00

Yoga
Sabrina

Dienstag , 04.07

18:00 - 18:30

P.I.I.T
Daniela

18:35 - 19:30

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

Mittwoch , 05.07

09:10 - 10:05

Yoga
Olga

18:15 - 18:45

Simply Core
Luana

19:00 - 19:55

Fitboxe
Isabelle

Donnerstag , 06.07

09:10 - 10:05

Pump
Isabel

18:00 - 18:55

Pump
Nicolle

Freitag , 07.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sara

Samstag , 08.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

10:15 - 11:10

Upcon
Daniela

Sonntag , 09.07

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Luana