

Montag , 01.05

09:10 - 10:05

Pilates
Isabelle

10:10 - 10:55

Fitboxe
Isabel

Dienstag , 02.05

18:00 - 18:30

P.I.I.T
Daniela

18:35 - 19:30

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

19:40 - 20:35

Upcon
Luana

Mittwoch , 03.05

09:10 - 10:05

Yoga
Olga

18:15 - 18:45

Simply Core
Isabel

19:00 - 19:55

Fitboxe
Isabel

Donnerstag , 04.05

09:10 - 10:05

Pump
Isabel

18:00 - 18:55

Pump
Nicolle

Freitag , 05.05

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sara

18:00 - 18:55

Step'n Tone
Graziella

Samstag , 06.05

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Daniela

10:15 - 11:10

Upcon
Daniela

Sonntag , 07.05

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Melanie