

Montag , 04.07

18:00 - 18:55

Yoga
Angela

19:15 - 20:10

Pump
Laura

Dienstag , 05.07

09:10 - 10:05

Zumba
Yered

18:00 - 18:55

Yoga Strength&Flow
Judith

19:15 - 20:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Pamela

Mittwoch , 06.07

Donnerstag , 07.07

09:10 - 10:05

Rückenfit
Katja

19:15 - 20:10

Pump
Laura

Freitag , 08.07

Samstag , 09.07

Sonntag , 10.07