

Montag , 25.03

12:15 - 12:45

P.I.I.T
Melanie

18:10 - 19:05

Pump
Saskia

19:15 - 20:10

Functional Workout
Saskia

Dienstag , 26.03

09:00 - 09:55

Yoga
Laura

10:10 - 11:05

Zumba
Felicia

12:10 - 13:05

Pump
Saskia

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Bianca

Mittwoch , 27.03

08:45 - 09:40

*BBP (Bauch, Beine,
Po) / Bodytone*
Angelica

09:50 - 10:45

Rückenfit
Sonja

18:00 - 18:55

Powerstep
Fabienne

19:05 - 20:00

Power Yoga
Fabienne

Donnerstag , 28.03

09:30 - 10:25

Pilates
Geneviève

12:15 - 12:45

Upcon
Melanie

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Natalie

19:05 - 20:00

Pump
Cristian

Freitag , 29.03

10:00 - 10:55

Fighttime 55'
Bianca

11:05 - 12:00

Yoga Special
Fabienne

Samstag , 30.03

Sonntag , 31.03

10:00 - 10:30

P.I.I.T Special
Doris

10:40 - 11:35

BBP Special
Doris