

Montag , 11.07

12:15 - 12:45

P.I.I.T
Graziella

17:50 - 18:45

Pump
Natalie

Dienstag , 12.07

09:00 - 09:55

Yoga
Isabelle

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Vanessa

Mittwoch , 13.07

08:45 - 09:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelica

09:50 - 10:45

Rückenfit
Angelica

19:05 - 20:00

Pilates
Cynthia

Donnerstag , 14.07

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Natalie

Freitag , 15.07

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Natalie

Samstag , 16.07

Sonntag , 17.07

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia