

Montag , 15.05

12:15 - 12:45

P.I.I.T
Renate

18:10 - 19:05

Pump
Saskia

19:15 - 20:10

Functional Workout
Nadine

Dienstag , 16.05

09:00 - 09:55

Yoga
Isabel

10:10 - 11:05

Zumba
Felicia

12:10 - 13:05

Pump
Saskia

18:00 - 18:55

Pilates
Geneviève

19:25 - 20:20

Functional Workout
Nadine

Mittwoch , 17.05

08:45 - 09:40

BBP (Bauch, Beine, Po) / Bodytone
Angelica

09:50 - 10:45

Rückenfit
Angelica

18:00 - 18:55

Powerstep
Fabienne

19:05 - 20:00

Power Yoga
Fabienne

Donnerstag , 18.05

09:00 - 09:55

Pump Special
Cristian

Freitag , 19.05

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Lara

Samstag , 20.05

Sonntag , 21.05

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Lara