

Montag , 27.02

Dienstag , 28.02

09:00 - 09:55

Yoga
Bettina

10:10 - 11:05

Zumba
Felicia

18:00 - 18:55

Pilates
Geneviève

19:05 - 20:00

Functional Workout
Vanessa

Mittwoch , 01.03

08:45 - 09:40

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

Donnerstag , 02.03

09:30 - 10:25

Pilates
Geneviève

18:00 - 18:55

BBP (Bauch, Beine,
Po) / Bodytone
Natalie

19:05 - 20:00

Pump
Cristian

20:10 - 21:05

Zumba
Deniz

Freitag , 03.03

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Lara

Samstag , 04.03

Sonntag , 05.03

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Nicole